

## Programme of events for May 2022

If you require further information on any of the below events and activities, or to register to attend, please contact Bernard at [info@veteransoutdoors.org.uk](mailto:info@veteransoutdoors.org.uk)

 	<p><b>Project ARTEMIS – events designed for <u>female only</u> veterans</b></p> <p><b>1000-1500 Friday 13 &amp; Fri 27 May – Spoon carving and basket weaving.</b> We will be at the Apricot Centre, Nr Dartington where we have organised a day of spoon carving and a day of basket weaving in this safe and relaxing environment.</p> <p><b>1000-1500 Friday 20 May - Dynamic Adventures.</b> We return to Dynamic Adventures or a day of kayaking, canoeing, SUP and team building. These events are open to female veterans.</p>
 	<p><b>Plymouth Argyle Community Trust – Health &amp; Lifestyle</b></p> <p><b>Mon 9 May 1130-1300</b> (then every Monday) we launch a new 8-week project in collaboration with Plymouth Argyle Community Trust (PACT) Project. Will Hickey, the Health &amp; Wellbeing Programme Lead for PACT, will lead the weekly programme and will cover a different topic working towards creating a healthy lifestyle followed by a sporting activity. This event is aimed at our male veterans</p>
	<p><b>Devon Birds of Prey Centre – Ipplepen</b></p> <p><b>Tue 3 May 1000-1430</b> (then fortnightly) - We are excited to offer an opportunity to be part of a project at the Devon Bird of Prey Centre at Fermoy's Garden Centre, Ipplepen starting on Tue 3 May. Following Storm Eunice, the Centre suffered quite significant damage that resulted in a number of birds escaping (thankfully they all returned). Over a number of fortnightly sessions, we will look to paint some of the aviaries, cut the grass, provide some minor maintenance and find time to enjoy the space, have a cuppa and a catch up. Karen (the owner) has agreed that we can get up close and personal to the birds throughout the project, which is an experience in itself as some of our female beneficiaries can testify having had 2 events there recently. Open to all veterans.</p>
	<p><b>Dynamic Adventures</b></p> <p><b>1000 Thu 26 May</b> We return to Dynamic Adventures as a mixed group at <b>1000</b> for a day of raft building, SUP, kayaking, canoeing on the River Dart. Spaces are limited, so get in touch ASAP if you want to come along. This event is open to all veterans.</p>
	<p><b>Walking on Dartmoor with Random Badger</b></p> <p><b>1000-1500 Thu 19 May</b> Our friends at Random Badger, who are a veteran only walking group, offers Veterans Outdoors monthly bespoke walks across Dartmoor. Nothing too strenuous, we generally go between 6-10km and always finish where there is a cuppa and a plate of chips waiting. Come and breathe the fresh air and stretch those legs. Open to all Veterans.</p>